MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG) NURSING - I

including SBA module

PLACEMENT: VI SEMESTER
THEORY: 3 Credits (60 hours)

PRACTICUM: Skill Lab: 1 Credit (40 hours); Clinical: 3 Credits (240 hours)

DESCRIPTION: This course is designed for students to develop knowledge and competencies on the concepts and principles of midwifery. It helps them to acquire knowledge and skills in rendering respectful maternity care to woman during antenatal, intranatal and postnatal periods in hospitals and community settings. It further helps to develop skills in managing normal neonates and participate in family welfare programs.

COMPETENCIES: On completion of the program, the students will be able to

- 1. Demonstrate professional accountability for the delivery of nursing care as per INC standards/ICM competencies that are consistent with moral, altruistic, legal, ethical, regulatory and humanistic principles in midwifery practice.
- 2. Communicate effectively with individuals, families and professional colleagues fostering mutual respect and shareddecision making to enhance health outcomes.
- 3. Recognize the trends and issues in midwifery and obstetrical nursing.
- 4. Review and describe the anatomy and physiology of human reproductive system and conception.
- 5. Describe and apply physiology in the management of normal pregnancy, birth and puerperium.
- 6. Demonstrate competency in providing respectful and evidence based maternity care for women during the antenatal, intranatal and postnatal period.
- 7. Uphold the fundamental human rights of individuals when providing midwifery care.
- 8. Promote physiologic labour and birth, and conduct normal childbirth.
- 9. Provide evidence based essential newborn care.
- 10. Apply nursing process approach in caring for women and their families.
- 11. Describe the methods of contraception and role of nurse/midwife in family welfare services.
- 12. Recognize the importance of and actively participate in family welfare programs.
- 13. Provide youth friendly health services and care for women affected by gender based violence.

COURSE OUTLINE T – Theory, SL/L – Skill Lab/Lab, C – Clinical

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities		Assessment Methods
I	8 (T)	Explain the history and current scenario of midwifery in India	History of midwifery in India Current scenario:	 Discussion Demonstration Role play Directed reading and assignment: ICM competencies Scenario based learning 	•	Short answer Objective type Essay Quiz

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
		indicators	Neonatal Mortality Rate, perinatal mortality rate, fertility rates		
			0 Maternal death audit		
		Describe the various	 National health programs related to RMNCH+A (Reproductive Maternal Newborn and Child Health + Adolescent Health) 		
		national health programs related to	Current trends in midwifery and OBG nursing:		
		RMNCH+A	 Respectful maternity and newborn care (RMNC) 		
		Identify the trends	o Midwifery-led care units (MLCU)		
		and issues in midwifery	 Women centered care, physiologic birthing and demedicalization of birth 		
			 Birthing centers, water birth, lotus birth 		
			 Essential competencies for midwifery practice (ICM) 		
			 Universal rights of child-bearing women 		
			 Sexual and reproductive health and rights 		
			Women's expectations & choices about care		
			Legal provisions in midwifery practice in India:		
			INC/MOH&FW regulations		
			ICM code of ethics		
			 Ethical issues in maternal and neonatal care 		
		Discuss the legal and	 Adoption laws, MTP act, Pre- Natal Diagnostic Test (PNDT) Act, Surrogate mothers 		
		ethical issues relevant to midwifery practice	 Roles and responsibilities of a midwife/Nurse practitioner midwife in different settings (hospital/community) 		
			Scope of practice for midwives		
II	6 (T)	Review the	Anatomy and physiology of human	• Lecture	• Quiz
	3 (L)	anatomy and physiology of human	reproductive system and conception (Maternal, Fetal & Newborn	• Discussion	Short answer
		reproductive system	physiology)	Self-directed learning	• Essay
			Review:	Models	
			 Female organs of reproduction Female pelvis – bones, joints, 	Videos & films	
			ligaments, planes, diameters, landmarks, inclination, pelvic variations		
			• Foetal skull – bones, sutures,		

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
			fontanelles, diameters, moulding		
			Fetopelvic relationship		
			Physiology of menstrual cycle, menstrual hygiene		
			Fertilization, conception and implantation		
			Embryological development		
			Placental development and function, placental barrier		
			Fetal growth and development		
			Fetal circulation & nutrition		
III	12 (T)		Assessment and management of	• Lecture	Short answer
	10 (L)		normal pregnancy (ante-natal):	Discussion	Objective type
	40 (C)	Provide preconception	Pre-pregnancy Care	Demonstration	Assessment of
		care to eligible couples	Review of sexual development (Self Learning)	Self-Learning	skills with check list
			Socio-cultural aspects of human	Health talk	Case study
			sexuality (Self Learning)	Role play	evaluation
			Preconception care	Counseling session	• OSCE
			Pre-conception counseling (including awareness regarding normal birth) Genetic counseling (Self Learning)		
			Planned parenthood		
			Pregnancy assessment and antenatal care (I, II & III Trimesters)	Case discussion/	
		Describe the physiology, assessment	Normal pregnancy	presentation	
		and management of normal pregnancy	Physiological changes during pregnancy	Simulation Supervised	
			Assess and confirm pregnancy: Diagnosis of pregnancy – Signs, differential diagnosis and confirmatory tests	clinical practice	
			Review of maternal nutrition & malnutrition		
			Building partnership with women following RMC protocol		
			Fathers' engagement in maternity care		
			Ante-natal care:		
			1 st Trimesters		
		Demonstrate	Antenatal assessment: History taking, physical examination, breast examination, laboratory investigation		
		knowledge, attitude and skills of midwifery practice throughout 1st,2nd and 3rd	Identification and management of minor discomforts of pregnancy	Refer SBA module & Safe motherhood	

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
		trimesters	Antenatal care : as per GoI guidelines	booklet	
			Antenatal counseling (lifestyle changes, nutrition, shared decision making, risky behavior, sexual life during pregnancy, immunization etc.)	Lab tests – performance and interpretation	
			Danger signs during pregnancy	Demonstration	
			Respectful care and compassionate communication	Roleplay	
			Recording and reporting: as per the GoI guidelines		
			Role of Doula/ASHAs		
			II Trimester		
			Antenatal assessment: abdominal palpation, fetal assessment, auscultate fetal heart rate – Doppler and pinnard's stethoscope		
			Assessment of fetal well-being: DFMC, biophysical profile, Non stress test, cardio-tocography, USG, Vibro acoustic stimulation, biochemical tests.		
			Antenatal care		
			Women centered care	Demonstration of	
			Respectful care and compassionate communication	antenatal assessment	
			Health education on IFA, calcium and vitamin D supplementation, glucose tolerance test, etc.		
			Education and management of physiological changes and discomforts of 2 nd trimester		
			Rh negative and prophylactic anti D		
			Referral and collaboration, empowerment		
			Ongoing risk assessment		
			Maternal Mental Health		
			III Trimester		
			Antenatal assessment: abdominal palpation, fetal assessment, auscultate fetal heart rate – Doppler and pinnard's stethoscope		
			Education and management of physiological changes and discomforts of 3 rd trimester		
			Third trimester tests and screening		
			Fetal engagement in late pregnancy		
			Childbirth preparation classes		

Unit Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
		Birth preparedness and complication readiness including micro birth planning Danger signs of pregnancy –		
		recognition of ruptured membranes Education on alternative birthing positions – women's preferred choices, birth companion	Scenario based learning	
		 Ongoing risk assessment Cultural needs Women centered care Respectful and compassionate communication Health education on exclusive 	 Lecture Simulation Role play Refer GoI Guidelines Health talk 	
		breastfeeding Role of Doula/ASHA's	 Counseling session Demonstration of birthing positions Workshop on alternative birthing positions 	
IV 12 (T) 12 (L) 80 (C)	of labour in promoting normal	Physiology, management and care during labour Normal labour and birth Onset of birth/labour Per vaginal examination (if necessary) Stages of labour Organization of labour room – Triage, preparation for birth Positive birth environment Respectful care and communication Drugs used in labour as per GoI guidelines Fist Stage Physiology of normal labour Monitoring progress of labour using Partograph/labour care guide Assessing and monitoring fetal well being Evidence based care during 1st stage of labour Pain management in labour (non-pharmacological) Psychological support – Managing fear Activity and ambulation during first	Lecture Discussion Demonstration Bedside clinics Case discussion/presentation Simulated practice Supervised Clinical practice – Per vaginal examination, Conduction of normal childbirth Refer SBA module LaQshya guidelines Dakshata guidelines	Essay type Short answer Objective type Case study evaluation Assessment of skills with check list OSCE

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
			Nutrition during labour		
			Promote positive childbirth experience for women		
			Birth companion		
		•	Role of Doula/ASHA's		
			Second stage		
			Physiology (Mechanism of labour)	Refer ENBC,	
			Signs of imminent labour	NSSK module	
		Discuss how the	Intrapartum monitoring	Demonstration	
		midwife provides care and support for the	Birth position of choice	Group work	
		women during birth to	Vaginal examination	Scenario based learning	
		enhance physiological birthing and promote	Psychological support	learning	
		normal birth	Non-directive coaching		
		Assess and provide care of the newborn	Evidence based management of physiological birth/Conduction of normal childbirth		
		immediately	Essential newborn care (ENBC)		
		following birth	Immediate assessment and care of the newborn		
			Role of Doula/ASHA's		
			Third Stage		
			Physiology – placental separation and expulsion, hemostasis	Simulation	
			Physiological management of third stage of labour	Role play Demonstration	
			Active management of third stage of labour (recommended)	• Videos	
			Examination of placenta, membranes and vessels		
			Assess perineal, vaginal tear/ injuries and suture if required		
			Insertion of postpartum IUCD		
			Immediate perineal care		
			Initiation of breast feeding		
			Skin to skin contact		
			Newborn resuscitation		
			Fourth Stage		
		Discuss the impact of	Observation, Critical Analysis and Management of mother and newborn		
		labour and birth as a transitional event in the woman's life	Maternal assessment, observation fundal height, uterine consistency, urine output, blood loss		
			Documentation and Record of birth		

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
V	7 (T) 6 (L) 40 (C)	Ensure initiation of breast feeding and adequate latching Describe the physiology, management and care of normal puerperium	 Breastfeeding and latching Managing uterine cramp Alternative/complementary therapies Role of Doula/ASHA's Various childbirth practices Safe environment for mother and newborn to promote bonding Maintaining records and reports Postpartum care/Ongoing care of women Normal puerperium – Physiology, duration Post-natal assessment and care – facility and home-based care Perineal hygiene and care Bladder and bowel function Minor disorders of puerperium and its management Physiology of lactation and lactation management Postnatal counseling and psychological support Normal postnatal baby blues and recognition of post-natal depression Transition to parenthood Care for the woman up to 6 weeks after childbirth Cultural competence (Taboos related to postnatal diet and practices) Diet during lactation-review Post-partum family planning 	Lecture Discussion Demonstration Health talk Simulated practice Supervised clinical practice Refer SBA module	Essay type Short answer Objective type Assessment of skills with checklist OSCE
			 Follow-up of postnatal mothers Drugs used in the postnatal period Records and reports 		
VI	7 (L)	Discuss the need for and provision of compassionate, family centered midwifery care of the newborn Describe the assessment and care of normal neonate	Assessment and ongoing care of normal neonates Family centered care Respectful newborn care and communication Normal Neonate – Physiological adaptation Newborn assessment – Screening for congenital anomalies Care of newborn up to 6 weeks after	 Lecture Discussion Demonstration Simulated practice session Supervised clinical practice Refer safe deliver app module – newborn 	Essay type Short answer Objective type Assessment of skills with checklist OSCE

Unit	Time	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
	(Hrs)			Activities	Methods
			the childbirth (Routine care of newborn)	management • Partial completion	
			Skin to skin contact and thermoregulation	of SBA module	
			Infection prevention		
			Immunization		
			Minor disorders of newborn and its management		
VII	8 (T)	Explain various	Family welfare services	Lecture	Essay type
	2 (L)	methods of family planning and role of	Impact of early/frequent childbearing	ı •	Short answers
		nurse/midwife in providing family planning services	Comprehensive range of family planning methods	practice Field visits	Objective type
		brammig services	o Temporary methods – Hormonal, non-hormonal and barrier methods	Scenario based learning	Field visit reports
			o Permanent methods – Male sterilization and female sterilization	Discussion GoI guidelines –	Vignettes
			Action, effectiveness, advantages, disadvantages, myths, misconception and medical eligibility criteria (MEC) for use of various family planning methods	injectable contraceptives, oral contraceptives, IUCD, male and female sterilization	
			Emergency contraceptives		
			Recent trends and research in contraception		
			Family planning counseling using Balanced Counseling Strategy (BCS)		
			Legal and rights aspects of FP		
			Human rights aspects of FP adolescents		
			Youth friendly services – SRHR services, policies affecting SRHR and attitude of nurses and midwives in provision of services (Review)		
			Importance of follow up and recommended timing		
			Gender related issues in SRH		
		Describe youth friendly services and	Gender based violence – Physical, sexual and abuse, Laws affecting GBV and role of nurse/midwife		
		role of nurses/ midwives	Special courts for abused people		
			Gender sensitive health services including family planning		
		Recognize the role of nurses/midwives in gender based violence			

PRACTICUM

PLACEMENT: VI & VII SEMESTER

VI SEMESTER: MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG) NURSING - I

SKILL LAB & CLINICAL: Skill Lab - 1 Credit (40 hours); Clinical - 3 Credits (240 hours)

PRACTICE COMPETENCIES: On completion of the course, the students will be able to:

- 1. Counsel women and their families on pre-conception care
- 2. Demonstrate lab tests ex. urine pregnancy test
- 3. Perform antenatal assessment of pregnant women
- 4. Assess and care for normal antenatal mothers
- 5. Assist and perform specific investigations for antenatal mothers
- 6. Counsel mothers and their families on antenatal care and preparation for parenthood
- 7. Conduct childbirth education classes
- 8. Organize labour room
- 9. Prepare and provide respectful maternity care for mothers in labour
- 10. Perform per-vaginal examination for a woman in labour if indicated
- 11. Conduct normal childbirth with essential newborn care
- 12. Demonstrate skills in resuscitating the newborn
- 13. Assist women in the transition to motherhood
- 14. Perform postnatal and newborn assessment
- 15. Provide care for postnatal mothers and their newborn
- 16. Counsel mothers on postnatal and newborn care
- 17. Perform PPIUCD insertion and removal
- 18. Counsel women on family planning and participate in family welfare services
- 19. Provide youth friendly health services
- 20. Identify, assess, care and refer women affected with gender based violence

SKILL LAB: Procedures/Skills for demonstration and return demonstration:

- 1. Urine pregnancy test
- 2. Calculation of EDD, Obstetrical score, gestational weeks
- Antenatal assessment
- 4. Counseling antenatal mothers
- Micro birth planning
- 6. PV examination
- 7. Monitoring during first stage of labour Plotting and interpretation of partograph
- 8. Preparation for delivery setting up labour room, articles, equipment
- 9. Mechanism of labour normal
- 10. Conduction of normal childbirth with essential newborn care
- 11. Active management of third stage of labour
- 12. Placental examination
- 13. Newborn resuscitation
- 14. Monitoring during fourth stage of labour
- 15. Postnatal assessment

- 16. Newborn assessment
- 17. Kangaroo mother care
- 18. Family planning counseling
- 19. PPIUCD insertion and removal

CLINICAL POSTINGS (6 weeks × 40 hours per week = 240 hours)

Clinical Area	Duration (weeks)	Clinical Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
Antenatal OPD and Antenatal ward	1 week	Perform antenatal assessment Perform laboratory tests for antenatal women and assist in selected antenatal diagnostic procedures Counsel antenatal women	History collection Physical examination Obstetric examination Pregnancy confirmation test Urine testing Blood testing for Hemoglobin, grouping & typing Blood test for malaria KICK chart USG/NST Antenatal counseling Preparation for childbirth Birth preparedness and complication readiness	Antenatal palpation Health talk Case study	OSCE Case presentation
Labour room	3 weeks	Monitor labour using partograph Provide care to women during labour Conduct normal childbirth, provide care to mother and immediate care of newborn	Assessment of woman in labour Partograph Per vaginal examination when indicated Care during first stage of labour Pain management techniques Upright and alternative positions in labour Preparation for labour – articles, physical, psychological Conduction of normal childbirth Essential newborn care Newborn resuscitation Active management of third stage of labour Monitoring and care during fourth stage of labour	Partograph recording PV examination Assisting/ Conduction of normal childbirth Case study Case presentation Episiotomy and suturing if indicated Newborn resuscitation	Assignment case study Case presentation OSCE
Post- partum clinic and Postnatal Ward including FP unit	2 weeks	Perform postnatal assessment Provide care to normal postnatal mothers and newborn	Postnatal assessment Care of postnatal mothers – normal Care of normal newborn Lactation management	Postnatal assessment Newborn assessment Case study	Assignment Case study Case presentation

Clinical Area	Duration (weeks)	Clinical Learning Outcomes		Clinical Requirements	Assessment Methods
		Provide postnatal counseling	Postnatal counseling Health teaching on postnatal and newborn care	• PPIUCD	
		Provide family welfare services	Family welfare counseling	insertion & removal	

Note: Partial Completion of SBA module during VI semester

VII SEMESTER

MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG) NURSING - II

PRACTICUM

SKILL LAB & CLINICAL: Skill Lab - 1 Credit (40 hours); Clinical - 4 Credits (320 hours)

PRACTICE COMPETENCIES: On completion of the course, the students will be able to:

- 1. Identify, stabilize and refer antenatal women with complications
- 2. Provide care to antenatal women with complications
- 3. Provide post abortion care& counselling
- 4. Assist in the conduction of abnormal vaginal deliveries and caesarean section.
- 5. Demonstrate skills in resuscitating the newborn
- 6. Assist and manage complications during labour
- 7. Identify postnatal and neonatal complications, stabilize and refer them
- 8. Provide care for high risk antenatal, intranatal and postnatal women and their families using nursing process approach
- Provide care for high risk newborn
- 10. Assist in advanced clinical procedures in midwifery and obstetric nursing
- 11. Provide care for women during their non childbearing period.
- 12. Assess and care for women with gynecological disorders
- 13. Demonstrate skills in performing and assisting in specific gynecological procedures
- 14. Counsel and care for couples with infertility

SKILL LAB: Procedures/Skills for demonstration and return demonstration:

- 1. Antenatal assessment and identification of complications
- Post abortion care & counseling
- 3. Counseling antenatal women for complication readiness
- 4. Mechanism of labour abnormal
- 5. Assisting in the conduction of abnormal vaginal deliveries and caesarean section.
- Management of complications during pregnancy/labour/post partum (case studies/simulated scenarios)
- 7. Administration of Inj. Magnesium sulphate
- 8. Starting and maintaining an oxytocin drip for PPH
- 9. Management of PPH Bimanual compression of uterus
- 10. Management of PPH Balloon tamponade
- 11. Instruments used in obstetrics and gynecology
- 12. Visual inspection of cervix with acetic acid
- 13. Cervical biopsy
- 14. Breast examination
- 15. Counseling of infertile couples

CLINICAL POSTINGS (8 weeks \times 40 hours per week = 320 hours)

Clinical Areas	Duration (Weeks)	Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
Antenatal OPD/ infertility clinics/ Reproductive medicine and	2 weeks	Perform/assist in selected advanced antenatal diagnostic procedures	Kick chart, DFMC Assist in NST/CTG/USG Assisting in advanced diagnostic procedures	Antenatal palpation Health talk Case study	• Simulation • Case presentation • OSCE
antenatal ward		Provide antenatal care for women with complications of pregnancy Counsel antenatal mothers Provide post abortion care and postnatal counselling Provide counselling and support to infertile couples	Care of antenatal women with complications in pregnancy Antenatal counselling Preparation for childbirth, Birth preparedness and complication readiness Post abortion care Post abortion counselling Counselling infertile couples		
Labour room	2 weeks	Conduction of normal chidlbirth Conduct/assist in abnormal deliveries Monitor labour using partograph Identify and manage complications during labour	Assessment of woman in labour Partograph Pervaginal examination if indicated Obstetric examination Care during first stage of labour Pain management techniques Upright and alternative positions in labour Preparation for labour – articles, physical, psychological Conduction of normal childbirth Essential newborn care Newborn resuscitation Active management of third stage of labour Monitoring and care during fourth stage of labour Identification, stabilization, referal and assisting in management of prolonged labour, cervical dystocia, CPD, contracted pelvis Assist in the management of	Partograph recording Pain management during labour Conduction of normal childbirth Assisting in abnormal deliveries Managing complication during labour Case study Case presentation	 Assignment Case study Case presentation Simulation OSCE

Clinical Areas	Duration (Weeks)	Learning Outcomes	Procedural Competencies/ Clinical Skills	Clinical Requirements	Assessment Methods
			abnormal deliveries – posterior position, breech deliveries, twin deliveries, vacuum extraction, forceps delivery, shoulder dystocia		
			Assist in cervical encerclage procedures, D&C, D&E		
			Identify, assist and manage trauma to the birth canal, retained placenta, post partum hemorrhage, uterine atony		
			Management of obstetric shock		
Postnatal Ward	1 week	Perform postnatal assessment and identify postnatal complications Provide postnatal care	Postnatal history collection and physical examination Identify postnatal complications	Health talk Postnatal assessment Newborn assessment	Role play Assignment Case study Case
			 Care of postnatal mothers – abnormal deliveries, caesarean section Care of normal newborn 	Case studies Case presentation	Simulation Vignettes
			Lactation management	PPIUCD insertion and removal	• OSCE
		Provide family welfare services	 Postnatal counselling Health teaching on postnatal and newborn care Family welfare counselling 		
Neonatal Intensive Care Unit	1week	Perform assessment of newborn and identify complications/congenital anomalies Perform neonatal resuscitation Care of high risk newborn	Neonatal assessment — identification of complication, congenital anomalies. Observation of newborn Neonatal resuscitation Phototherapy and management of jaundice in newborn Assist in Exchange transfusion Neonatal feeding — spoon and	Case study Case presentation Assignments Simulated practice	Case presentation Care study Care plan Simulation, Vignettes OSCE
		Provide care for newborns in ventilator, incubator etc Assist/perform special neonatal procedures	 katori, paladai, NG tube Care of baby in incubator, ventilator, warmer Infection control in the nursery Neonatal medications Starting IV line for newborn, drug calculation 		
Obstetric/ Gynae operation theatre & Gynecology	2weeks	Assist in gynecological and obstetric surgeries	Observe/Assist in caesarean section Management of retained placenta	Assisting in obstetric and gynecological surgery Tray set-up for	Assignment Tray set-up for obstetric and gynecological surgeries

Clinical	Duration	Learning Outcomes	Procedural Competencies/	Clinical	Assessment
Areas	(Weeks)		Clinical Skills	Requirements	Methods
Ward		Care for women with gynecological disorders	Gynecological surgeries Hysterectomy Uterine rupture Care of women with gynecological conditions Health education	caesarean section • Care plan	Case presentation Simulation Vignettes

Note: Completion of safe delivery App module during VII Semester

REFERENCE

- 1. DUTTA--Text book of Obstetrics 4th Ed., -Text book of Gynecology 3rd ed.
- 2. C.S. DAWN- Textbook of Gynecology Contraception and Demography 13th ed.
- 3. BOBAK JENSEN- Essentials of Maternity Nursing 3rd ed.
- 4. LONGMAN Clinical Obstetrics 9th ed.
- 5. CAMPBELL -Gynecology by ten teachers 17th ed.
- 6. MYLES Text book of Midwifes 14th ed.